

# How to make a fruit smoothie ice lolly.

## Ingredients

2 small bananas (or 1 large)

10 strawberries (stalks removed)

1/2 cup of natural Greek yoghurt

2 strawberries sliced

1.

Place the bananas, strawberries and yoghurt into a blender (food mixer) and blitz until smooth.

2.

Fill ice lolly moulds with mixture.

3.

Place a slice of strawberry in each mould and freeze.

